

*Extraordinary Care
for Extraordinary Women*



What you should know:

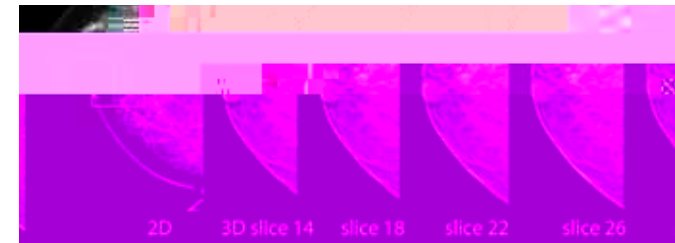
FACT:

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Do women need a referral from their doctor for a mammogram?

Women can schedule a screening mammogram without her care provider's orders.

If you are experiencing pain or have developed a new lump, a diagnostic work up should be ordered by your physician.



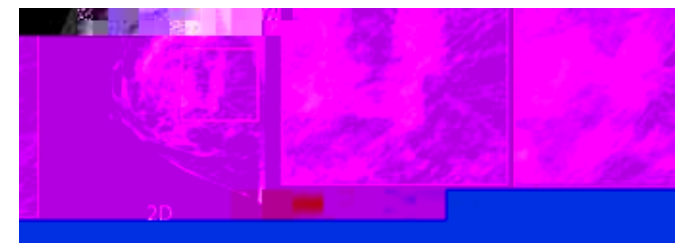
Do you have dense breasts?

Dense breast tissue is comprised of less fat and more connective tissue which appears white on a mammogram. Cancer also appears white on a mammogram thus tumors are often hidden behind the dense tissue. As a woman ages, her breasts usually become more fatty.

How will I know if I have dense breasts?

Breast density is determined by a radiologist by examining your mammogram. If the radiologists determines that you have heterogeneously dense breasts (50%->5% glandular connective tissue) or extremely dense (>5% glandular connective tissue) you will receive a letter stating as such.

If you have dense breast tissue you are encouraged to talk to your doctor about having an ultrasound or breast MRI with your annual mammogram.



Castle's Lunar iDXA bone density scanner

