Implementation Strateg

Implementation Strategy

The implementation strategy outlined below summarizes the strategies and activities by Adventist Health Hanfor& Selmato directly address thereinitized health needsThey include:

### Health Need 1: Access to Care

- x Transportation to Clinic Appointments
- x Provider Recruitment

### Health Need 2: Obesity/ Healthy Eating Active Living (HEAL)/Diabetes

- x Diabetes Among Friends Classes
- x Athletic Training with Hanford Joint Union High School District
- x Healthy Eating Education at Outreach Events

### Health Need 3: Mental Health

- x Hosting educational sessions for providers (Resilience Documentary & Social Mec Luncheons)
- x Hosting education sessions for local school districts (Resilience Documentary & S Media Luncheons)
- x Addiction Medicine

### Health Need 4: Economic Security/Homelessness

- x Recuperative Board and Care (Kings Gospel Mission)
- x ProjectHomeless Connect/Point in Time Count
- x Landlord and Property Manager Quarterly Networking Lunch and Learns Student Internships
- x Inspire Hope resource distributions to community partners for those in need.

### Health Need 5: Maternal & Infant Health

x Overall wellbeing

The Action Plan presented below outlines in detail the individual strategies and activities Adventist Health Hanford & Selmail implement to address the health needs identified though the CHNA process. The lowing components are outlined in detail in the tables below:

- 1) Actions the hospital intends to take to address the health needs identified in the CHNA,
- 2) The anticipated impact of these actions as reflected in the Process and Outcomes measures for each activity
- 3) The resources the hospital plans to commit to each strategy, and
- 4) Any planned collaboration to support the work outlined

No hospital can address all the health needs identified incits munity. Adventist Health Hanford & Selma is committed to serving the community by adhering to its mission, and using its skills, expertise and resources to provide a range of community beenegrams. This I-2 10.75e W\*6 (95 6i(95 0)5)6 (m)7Td9 (p)4 (lem)6 (ent)452 76-2 (&)--4 0 0 q 1329q 1588gr ()-2Sord

Implementation Strategy

Priority Health Need: Access to Care							
Goal Statement: Improve the overall health and wellness of our communities through provisionse offices,							
community collaboration and intervention							
Mission Alignment: WellBeing of People							
Strategy 1: Improving access to care through increased health awareness and access to needed services.							
Program/Activity	Metrics						
Activity 1.1		Year 1	Year 2	Year 3			
Transportation to		2020	2021	2022			
clinic appointments	Process Measure:			See			
	Number ofRoundtrips Provided	379	667	Narrative Below			

Strategy Results 2022

Adventist Health understands that health outcomes are often directly linked to access to care.

Together Inspired

Priority Health NeedObesity/Healthy Eating Active Living (HEAL)/Diabetes

Goal Statement: Improve the overall health and wellness of our communities through provisions of services community collaboration and intervention

Mission Alignment: WellBeing of People

Strategy 1:Through a focus on educational activities, work to empower communities to understand the importance of healthy eating and exercise to live a healthier life.

Program/Activity	Metrics			
Activity 1.1		Year 1	Year 2	Year 3
DiabetesSelf		2020	2021	2022
Management (DSME) Classes	Process Measure:			See
	Number of people participating in DSME activities			Narrative
				Below
	Short Term Outcomes:	On Hold	On Hold	See
	Percentage improvement in pretest vs pdest score	Due to	Due to COVID19	Narrative
		COVIĐ	COMPLA	Below
	Medium Term Outcomes:	19		See
	Decreased HEDIS quality measure of HgA1c>9% year over			Narrative
				Below
Additional				

Additional

### Strategy Results 2022

While we continued to focus on the welleing of our providers, patients, and overall communities, we revised some of the normal programming pr

Priority **Control** NeedMental Health Goal StatementIncrease access to behavioral health services for vulnerable populations.

Mission Alignment: WellBein/ (n)-4 2.47 0 4 (t-QC5 Td [e)-6 (i)-3 pabl

Implementation Strategy

Priority Health NeedEconomic Security/Homelessness Goal StatementAddress social needs and social determaints of health

Implementation Strateg#6

Priority Health NeedMaternal and Infant Health

Goal StatementIncrease overall health and wellness.

Mission Alignment: WellBeing of People

## The Adventist Health & Blue Zones Solution

Our desire to improve community welleing grew out of not only our mission at Adventist Health- $\check{s}$  o ]  $\dot{A}$  '} [• o }  $\dot{A}$   $\dot{C}$  ] v • ‰ ] OE ] v P Z t bušt  $\exists l \pm b b \notin \exists h \models cshererneedv Z \} ‰$ as seen across our system of 23 hospitals. Overwhelmingly, we ses is the to health risk behaviors, mental health and chronic illnesses throughout the communities we serve. That is why we have focused our work around addressing behavior and the systems preventing our communities from achieving optimal health.

In an effort to meet these needs, our solution is to create a sustainable model of been by that measurably impacts the webleing of people, wellbeing of places and equity.

In 2020, Adventist Health acquired Blue Zones as the first step toward reachisglotion. By partnering with BlueZones, we will be able to gain ground in shifting the balance from healthcare t treating people once they are illto transformative wellbeing t changing the way communities live, work and play. In 2021, Adventist Health committed to launching six Blue Zone Projects within our community footprint, and as we enter 2022 these projects are active. Blue Zone Projects are bringing together local stakeholders and internationabeined experts to introduce evidencebased programs and changes to environmentippoand social networks. Together, they measurably improve whething in the communities we serve.