

Adventist HealthReedley 2022 Community HealthPlan

The following Implementation Strategy serves as the 2022
Community Health Plan for Adventist HealthReedley and is respectfully
submitted to the Office of Statewide Health Planning and Development
on May 19th, 2023 reporting on 2022 results.

Adventist Health Reedley is pleased to share its Community Health Implementation Strategy. This follows the development of its 2019 Community Health Needs Assessment (CHNA) in accordance with requirements in the Affordable Care Act and IRS 990 Schedule H requirements, and is approved by the Adventist Health Board of Directors on October 17, 2019.

After a thorough review of the health status in our community through the community health needs assessment (CHNA), we identified areas that we could address using our resources, expertise and community partners. Through these actions and relationships, we aim to empower our community and fulfill our mission of providing a healthier, whole and thriving community.

The results of the CHNA guided this creation of this document and aided us in how we could best provide for our community and the vulnerable among us. This Implementation Strategy summarizes the plans for Adventist Health Reedley to develop and collaborate on community benefit programs that address prioritized health needs identified in its 2019 CHNA. Adventist Health Reedley has adopted the following priority areas for our community health investments.

Prioritized Health Needs Planning to Address

- Health Priority #1: Access to Care
- Health Priority #2: Obesity/Healthy Eating Active Living (HEAL)/Diabetes
- Health Priority #3: Mental Health
- Health Priority #4: Economic Security/Homelessness
- Health Priority #5: Maternal Infant Health

Building a healthy community requires multiple stakeholders working together with a common purpose. We invite you to explore how we intend to address health challenges in our community and partner to achieve change. More importantly, we hope you imagine a healthier region and work with us to find solutions across a broad range of sectors to create communities that define the well-being of people.

The purpose of the CHNA was to offer a comprehensive understanding of the health needs in Adventist Health Reedley and to provide a clear path forward for our community health investments.

The significant health needs were identified through an analysis of secondary data and community input. The criteria listed recognize the need for a combination of information types (e.g., health indicators and primary data) as well as consideration of issues such as practicality, feasibility, and mission alignment. These health needs were prioritized according to a set of criteria that included

- Addresses disparities of subgroups
- Availability of evidence or practice-based approaches
- Existing resources and programs to address problems
- Feasibility of intervention
- Identified community need
- Importance to community
- Magnitude
- Mission alignment and resources of hospitals
- Opportunity for partnership
- Opportunity to intervene at population level
- Potential Health Need Score
- Severity
- Solution could impact multiple problems

For further information about the process to identify and prioritize significant health needs, please refer to Adventist HealthReedleyCHNA report at the following link:

- { 3 retirement centers & 1 continuing care retirement community
- { A workforce of 37,000 including medical staff physicians, allied health professionals and support services

We owe much of our heritage and organizational success to the Seventh-day Adventist Church, which has long been a promoter of prevention and whole person care. Inspired by our belief in the loving and healing power of Jesus Christ, we aim to bring physical, mental and spiritual health and healing to our neighbors of all faiths. Every individual, regardless of his/her personal beliefs, is welcome in our facilities. We are also eager to partner with members of all faiths to enhance the health of the communities we serve.

Our commitment to quality health care stems from our heritage, which dates to 1866 when the first Seventh-day Adventist healthcare facility opened in Battle Creek, Michigan. There, dedicated individuals and (sanitarium) Early on, the facility was devoted to prevention as well as healing. They called it a sanitarium, a place where patients and their families could learn to be well.

More than a century later, the health care system sponsored by the Seventh-day Adventist Church circles the globe with more than 170 hospitals and more than 500 clinics, nursing homes and dispensaries worldwide. And the same vision to treat the whole person, mind, body and spirit continues to provide the foundation for our progressive approach to health care.

- Provider Recruitment
- Mobile Medical Unit
- Pop-Up Education/Clinics at Community Events
- **Health Need 2: Obesity/ Healthy Eating Active Living (HEAL)/ Diabetes**
 - Diabetes Among Friends
 - CREATION Health
 - Healthy Eating Education at Outreach Events
- **Health Need 3: Mental Health**
 - Hosting Educational Sessions for AH Providers and Community Partners
 - Hosting Educational Sessions for School Districts
 - Maternal Health Screening & Referrals for Perinatal Mood Disorders
 - Addiction Medicine Telehealth
- **Health Need 4: Economic Security/Homelessness**
 - Student Externships & Internships
 - World Vision/ Inspire Hope Project
- **Health Need 5: Maternal & Infant Health**
 - Breastfeeding Classes
 - Overall Wellbeing

The Action Plan presented below outlines in detail the individual strategies and activities Adventist Health Reedley will implement to address the health needs identified through the CHNA process. The following components are outlined in detail in the tables below: 1) the actions the hospital intends to take to address the health needs identified in the CHNA, 2) the anticipated impact of these actions as reflected in the Process and Outcomes measures for each activity, 3) the resources the hospital plans to commit to each strategy, and 4) any planned collaboration to support the work outlined.

No hospital can address all the health needs identified in its community. Adventist Health Reedley is committed to serving the community by adhering to its mission, and using its skills, expertise and resources to provide a range of community benefit programs. This Implementation Strategy does not include specific plan to address the following significant health needs identified in the 2019 CHNA.

Significant Health Needs- NOT Planning to Address

- Climate Change: we feel that this is not what our area of expertise is in and while we are willing to partner with organizations who are engaging in activities to address Climate Change, this is not our top priority currently.
- Substance Abuse/Tobacco: will be addressed through Mental Health, Access to Care HEAL

Priority Health Need: Obesity/Healthy Eating Active Living (HEAL)/Diabetes
Goal Statement: Improve the overall health and wellness of our communities through provisions of services, community collaboration and intervention
Mission Alignment: Wellbeing of People
Strategy 1: Through a focus on educational activities, work to empower communities to understand the importance of healthy eating and exercise to live a healthier life.

Program/Activity	Metrics			
		Year 1 2020	Year 2 2021	Year 3 2022
	Process Measure: Number of people participating in DSME activities			See Narrative Below
	Short Term Outcomes: Percentage improvement in pretest vs posttest score	On Hold Due to COVID 19	On Hold Due to COVID 19	See Narrative Below

Collaborating Partners:~ W o ^ Ž _ Ç o } CE Phav Adventist Healthš Z CE

1. Scripps Whittier Diabetes Institute
2. Kings Partnership for Prevention
3. Hanford Joint Union High School District
4. Kings County Commission on Aging

CBISA Category(A - Community Health Improvement Operations) E - Cash and Kind; F - Community Building; G - Community Benefit

1. A- Community Health Improvement

Strategy Results 2022

While we continued to focus on the well-being of our providers, patients, and overall communities, we revised some of the normal programming provided. Due to staffing shortages and the continuation of COVID-19 fluctuations, all diabetes self-management education classes were placed on hold. However, we believed it was still necessary to provide community members with services and education surrounding diabetes management, healthy eating and active living. Mobile Care Clinics were able to provide A1C testing, educational materials, and support to very vulnerable populations. In October 2020, Adventist Health partnered with Nurtrible, a food program aimed at providing nutritional meals for patients who meet the requirements. This program has seen great success and we are looking at expanding the program to other clinics in 2023.

As we understand that obesity and diabetes often are from the habits formed throughout our childhood and young adult years, Adventist Health partnered with Hanford Joint High Schools and Turlock Joint High Schools to provide free school physicals. We were able to provide physicals to over 1,200 students over the course of two months. During these physicals students received counseling and educational materials about hydration and healthy eating, specifically while participating in sports.

Priority Health Need	Maternal and Infant Health
Goal Statement	Increase overall health and wellness.
Mission Alignment: Well	Being of People
Strategy 1:	Provide educational materials and host educational sessions.

Program/Activity	Metrics			
		Year 1 2020	Year 2 2021	Year 3 2022
	Process Measure: Number of car safety seat checks performed			
		N/A		

Strategy Results 2022

With Maternal and Infant health being a top priority, Adventist Health offered multiple programs for expecting and new parents. The Car Seat Safety Check Program, in partnership with Crossroads Pregnancy Center, continued in 2022. Participation was reduced due to COVID-19, but our hospital network was still able to certify three associates. Car seat education and safety checks were offered and provided to families that needed the resource.

Birthing classes also continued to be offered in 2022. Initially, all classes were offered online due to COVID surges. After the surge had passed, we were able to move to providing the classes in person for small cohorts. A total of 75 couples participated in classes throughout 2022.

Along with classes, a lactation nurse was hired to assist new families with beginning breast feeding with their newborn. The nurse provides materials and support to mothers who are interested in receiving these services and starting their breastfeeding journey.

Our desire to improve community well