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County and 12.5 per 100,000 persons in Tulare County. This is higher than the state rate (7.6 per 100,000 persons). Community members noted increases in meth and opioid use and the increase in vaping among the youth.

15. Unintentional injuries Unintentional injury is the third highest cause of death in the service area. The age-adjusted death rate from unintentional injuries in the service area was 35.4 per 100,000 persons. The death rate from unintentional injuries in the service area is lower than the Healthy People 2020 objective of 36.4 deaths for unintentional injuries per 100,000 persons. Stakeholders noted there are high rates of motorcycle collisions

Strategies

DRMC will address food insecurity by taking the following actions:

1. Promote screening for food insecurity at strategic intake points, including the ED and local health clinics and provide information on local food resources.
2. Offer sign-up assistance for public programs that increase access to food.
3. Participate in Waste Hunger Not Food Kern County

Impact

The anticipated impact of these actions will be to:

- Ø Increase public awareness of food insecurity and reduce food waste in collaboration with community partners.
- Ø Increase awareness and utilization of public program participation in food stamps, WIC benefits, SNAP, CalFresh, and reduced lunch school programs.

Chronic Diseases, including Overweight and Obesity

Reduce the impact of chronic diseases on health and increase the focus on prevention and treatment education.

Strategies

DRMC will address chronic diseases by taking the following actions:

1. Provide diabetes education focused on prevention and disease self-management, healthy lifestyles, nutrition and physical activity.
2. Provide screening for cholesterol, blood pressure, blood glucose and BMI.
3. Distribute glucometers and glucose strips to individuals.

