## HIPAA PERMITS DISCLOSURE OF POLST TO OTHER HEALTH CARE PROVIDERS AS NECESSARY

## EMSA #111 B (Effective 1/1/2016)\*

## Physician Orders for Life-Sustaining Treatment (POLST)

First follow these orders, then contact Physician/NP/PA. A copy of the signed POLST form is a legally valid physician order. Any section not completed implies full treatment for that section. POLST complements an Advance Directive and is not intended to replace that document.

Patient Last Name: Date Form Prepared:

Patient First Name: Patient Date of Birth: IlowNatural Deat

**B** | MEDICAL INTERVENTIONS:

If patient is found with a pulse and/or is breathing.

Check One Full Treatment - primary goal of prolonging life by all medically effective means.

In addition to treatment described in Selective Treatment and Comfort-Focused Treatment, use intubation, advanced airway interventions, mechanical ventilation, and cardioversion as indicated.

Trial Period of Full Treatment.

<u>Selective Treatment</u> – goal of treating medical conditions while avoiding burdensome measures. In addition to treatment described in Comfort-Focused Treatment, use medical treatment, IV antibiotics, and IV fluids as indicated. Do not intubate. May use non-invasive positive airway pressure. Generally avoid intensive care.

Request transfer to hospital only if comfort needs cannot be met in current location.

<u>Comfort-Focused Treatment</u> – primary goal of maximizing comfort.

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Patient Information

Name (last, first, middle):

Date of Birth:

Gender:

M F

NP/PA's Supervising Physician

Preparer Name (if other than signing Physician/NP/PA)

Name: Name/Title: Phone #: