

ADVENTIST HEALTH PORTLAND

# Family Health Guidelines

Recommended Screenings  
and Immunizations for Men,  
Women and Children

[AdventistHealth.org/NW](http://AdventistHealth.org/NW)

Portland

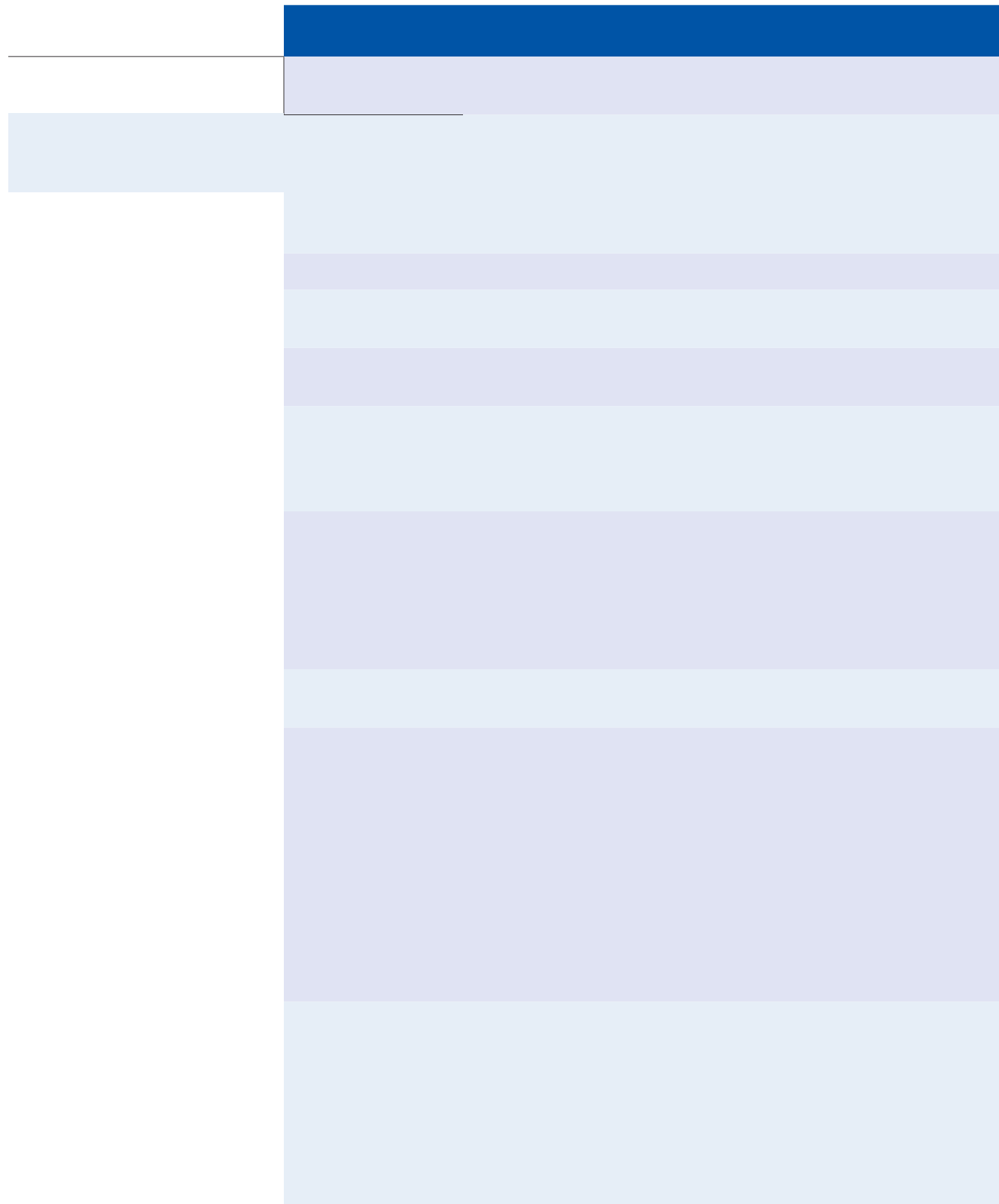




Take charge of your family's health

Getting regular check-ups, preventive screening tests, and immunizations are among the most important things you can do for yourself and your family. Become a partner with your health care team to choose when you need your screenings and immunizations.

Share your family history, voice your concerns, and always ask questions about what you can do to prevent





[www.adventisthealth.org/portland](http://www.adventisthealth.org/portland)

OHSU protects the privacy of its paženťs' and research pařčipants' personal health informařon.

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