

The following Implementation Strategy serves as the 2020 – 2022
Community Health

provided by primary data sources. Data were also analyzed to detect emerging health needs, if any,

dispensaries worldwide. And the same vision to treat the whole person—mind, body and spirit—continues to provide the foundation for our progressive approach to health care.

Stakeholders from the 19 hospital facilities in the Adventist Health System were invited to participate in a Mission Integration Summit on September 26 and 27, 2019. During this two day-long event, participants were introduced to the 2019 Adventist Health Implementation Strategy Template. After the summit, each hospital was invited to participate in a series of technical assistance calls and consultation sessions with representatives from Adventist Health Community Integration and Conduent Health Communities Institute to further develop and refine their implementation strategy.

The implementation strategy outlined below summarizes the strategies and activities by Adventist Health and Rideout to directly address the prioritized health needs. They include:

- x Health Need #1: Access to Mental/Behavioral/Substance Abuse Services
 - o Behavioral Health Collaborative
 - o ED Bridge Program
- x Health Need #3: Access to Basic Needs Such as Housing, Jobs and Food
 - o Food Security Program
 - o Partnership with the local Food Bank and Food Pantries
 - o Housing Navigation & Sustainability Program
- x Health Need #5: Access to Quality Primary Care Health Services
 - o Street Medicine Program

The Action Plan presented below outlines in detail the individual strategies and activities Adventist Health and Rideout will implement to address the health needs identified through the CHNA process. The

x Health Need #2:

The COVID-19 global pandemic has caused extraordinary challenges for Adventist Health hospitals and health care systems across the world including keeping front line workers safe, shortages of protective equipment, limited ICU bed space and developing testing protocols. They have also focused on helping patients and families deal with the isolation needed to stop the spread of the virus, and more recently vaccine roll out efforts.

Adventist Health, like other health care systems, had to pivot its focus to meet the most urgent healthcare needs of its community during the pandemic, as well as reassess the ability to continue with some community health strategies due to public health guidelines for social distancing. Adjustments have been made to continue community health improvement efforts as possible, while ensuring the health and safety of those participating. The Strategy Action Plan Grids on the following pages reflect updated activities for each strategy.

In FY21, Adventist Health and Rideout supported efforts launched by the Adventist Health system as well as localized efforts. Including the following actions in response to the needs created or exacerbated by COVID-19:

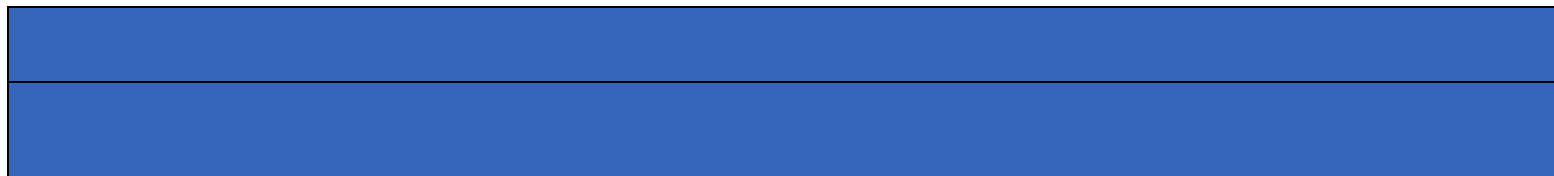
- x Offered virtual health care visits to keep community members safe and healthy
- x Featured the online symptom tracker to help community members determine if they may have COVID-19 or other flu

Our desire to improve community well-being grew out of not only our mission at Adventist Health -to live God's love by inspiring health, wholeness and hope – but also by the sheer need as seen across our system hospitals. Overwhelmingly, we see issues related to health risk behaviors, mental health and chronic illnesses throughout the communities we serve. That is why we have focused our work around addressing behavior and the systems preventing our communities from achieving optimal health.

In 2020, Adventist Health acquired Blue Zones as a step toward reaching our solution. By partnering with Blue Zones, we will be able to gain ground in shifting the balance from healthcare – treating people once they are ill – to transformative health and wholeness – changing the way communities live, work and play.

Across the globe lie blue zones areas – places where people are living vibrant, active lives well into their hundreds at an astonishing rate—and with higher rates of well-being. Attaining optimal well-being means that our physical, emotional, and social health is thriving. Blue Zones Project works with communities to make sustainable changes to their environment, policies, and social networks to support healthy behaviors. Instead of a focus on individual behavior change, it is an upstream solution focused on making healthy options easy in all the places people spend most of their time. Blue Zones Project is committed to measurably improving the well-being of community residents and through their proven programs, tools and resources, utilizes rigorous metrics to inform strategies and track progress throughout the life of the project. This includes well-being data, community-wide metrics, sector-level progress and outcome metrics, transforming community well-being by making changes to environment, policy, worksites and social networks that create healthy and equitable opportunities for all.

In



Behavioral Health Collaborative: The volume of behavioral health patients in the Adventist Health and Rideout Emergency Department has steadily increased in recent years due to the lack of funding for behavioral health services and lack of facilities/providers in our rural area. To deliver the highest quality of care for behavioral health patients in the Emergency Department, Adventist Health and Rideout partnered with county resources to embed county-paid crisis counselors in the Emergency Department 24 hours a day. In 2021, AHRO's Emergency Department saw 2,341 patients presenting with behavioral health needs and 2,548 in 2022, approximately a 9 percent increase. Using tele-psychiatry services and clear clinical pathways the team worked together to see 100 percent of the patients with a behavioral health diagnosis. Medications were started or resumed, safety plans designed, and follow up appointments were arranged by the team. As a team, the county and hospital have created a process to provide high quality care to psychiatric patients in the ED.

In 2021, 1,245 patients were discharged home from the ED and 856 discharged to a psychiatric facility. In 2022, 1,535

Pharmacy for both discharge counseling and dispensing of medications. In situations where the patient is unable to pay for the critical medications, Adventist Health and Rideout will pay for the medications at no cost to the patient. Number of community members served in 2022: 214, an increase of 74 individuals served from 2021.

Create the healthiest possible physical, emotional, and social school environment for students and families. Making Yuba Sutter Schools Blue Zones Project (BZP) Approved™.

- x YES Charter Academy and Kynoch Elementary are Blue Zones Approved
- x BZP is also working with schools to develop safe routes to school and create Walking School Bus programs. Safe routes to schools and Walking School Bus programs bring children, families and community together creating opportunities for more connection.

Improve the well-being of individuals living in Yuba Sutter, resulting in better health and increased quality of life and longevity.

- x Facilitation of Purpose Workshops - When individuals find a clarity of purpose, they can enjoy a more centered and vibrant life — and even live longer. A Purpose Workshop is a two-hour event led by a certified facilitator that helps people find clarity of purpose. It's about discovering, or rediscovering, gifts, talents, and values. It's also a time of reflection and interactive discussions. At the end, individuals can walk away encouraged and equipped with a purpose statement as well as tools for living a more purposeful life.

People with purpose are happier, more successful, and live longer. Nearly seven years longer. With purpose, you can also do more with less. That means cramming fewer activities into your already overcrowded schedule. Less stress to "get it all done."

- x Moai's: Moai meaning, coming together for a common purpose. Blue Zones Projects helps to facilitate Walking, Potluck and Purpose Moai's.
- x BZP also creates volunteer opportunities to bring community together while beautifying open spaces in an effort to create environments where people will gather, connect and move naturally. There are also efforts to help build a centralized database for volunteer opportunities for volunteers to access.

BZP is working with Marysville, Yuba County and Sutter County to pass a smoking ban ordinance in Parks (Yuba City has one). BZP is working with Bi- County Health Officer Dr. Luu and both the Yuba and Sutter Tobacco coalitions to strategize additional policy changes as well as additional community outreach and education.

process for all patients that are seen in the AHRO Emergency Department. If a patient is identified as food insecure, a referral is submitted to the Community Outreach Registered Dietitian who then follows up with the patient and provides person specific community resources, a connection to a local food pantry, and food upon discharge.

In 2022, Adventist Health and Rideout identified 748 patients as food insecure. This number includes the patient population admitted to the hospital, in the ED, patients of The Rideout Cancer Center, clients in the Street Medicine Program, as well as individuals experiencing food insecurities identified in our community by partners like the Western Farm Workers.

Of these individuals, 37% were considered homeless, 33% were 55 years of age or older, and 19% were 65 years of age or older. All individuals served in the Food Security program are vulnerable, lack the

1.A. Establish and expand Street Nursing Program	Establish minimum of 2 sites utilizing the coordinated entry centers	Previous report available upon request	Operationalize Street Telemedicine Program by end of 12/31/2019 Increase Street Nurse Hours/Number of days	Previous report available upon request	Reduction in ED visits/Utilization (Decrease in number of patients sent to ED from Street Nurse)	See narrative below
1.B. Address social determinants of health	Create referral database for managing social determinants of health and initiate referrals	Previous report available upon request	Add substance use resources/counselors to Street Nurse program	Previous report available upon request	Increased number of substance use counseling interactions	See narrative below
<ul style="list-style-type: none"> x Cerner, Street Medicine Log, Health Management Information Systems (HMIS) 						
<ul style="list-style-type: none"> x Individuals experiencing homelessness (financial, staff, supplies, in-kind etc.) 						
<ul style="list-style-type: none"> x Community Outreach Nurses x Community Outreach Social Workers x Tele-health – Vituity x ED Substance Use Navigator x Supplies 						

County Sheriff department, The Salvation Army, Homeless Engagement and Activation Response Team (HEART), Behavioral Health iCare Team, New Haven

We offer our free Adventist Health and Rideout Healthy Kids School Assemblies for K-8th grade students in Yuba, Sutter and Colusa counties. Due to COVID-19 these efforts went virtual. This program provides health education to elementary and middle school children in an interactive musical theater performance. Since Spring 2014, Adventist Health and Rideout Healthy Kids has performed every fall and spring in 11 tours, over 200 performances for over 68,000 students, faculty, staff and community members at public and private schools, community health fairs and other events, sntr p9a.(ai)4 ()7 (-)2cAJJ ET Q q 0 ormed every p9a.(ai)4 ()7 (-)2cAJJ ET Q q 0 mmWe ()7 (Td p9a.(ai)JJ ET Q q C

Adventist Health and Rideout contracts with SP+ to provide transportation services to patients upon hospital discharge, transportation to and from primary care, and to and from oncology appointments. This service is provided at no cost to the patients. In addition to the contract with SP+, the Adventist Health and Rideout Foundation assists cancer center patients, senior care and other patients with transportation needs and more by providing provisions such as gas cards, bus passes and food cards to help low-income patients with their travel needs. A new passenger van was donated to Adventist Health and Rideout by the Geweke Caring for Women Foundation. The van offers patients free transportation to and from the hospital and the cancer center.

Number of Community Members Served: 7,172

Adventist Health and Rideout regularly participates in a multitude of community events where staff volunteers to provide education to the community.

Community Events attended:

- x Rideout Auxillary Installation of Officers Luncheon
- x 8 Speakers Bureau
- x Rotary Club of Yuba City Crab Feed
- x Chamber of Commerce Annual Gala
- x Have a Heart for Kids 5K
- x A Women's Day Luncheon Event
- x Cardiology Symposium
- x Bike Around the Buttes
- x Y-S United Way Blue Jean Soiree
- x First 5 Yuba County Health Fair
- x United Way Community Resource Fair
- x Just For Yuba County Dads Drive-thru
- x Downtown Yuba City Summer Stroll
- x Cancer Survivor Event
- x Marysville Peach Festival
- x 10th Annual Dance with Our Stars
- x Beale Military Liaison Committee Golf Tournament
- x Annual Blues and Brews and BBQ
- x MJUSD Annual Employee Health & Benefits Fair
- x Yuba City Walk to End Alzheimer's
- x Twenty fifth Annual Sodbusters
- x Annual Marysville Stampede and Rodeo
- x Sutter County Health and Wellness Fair
- x Pink October Walk/Run – Race for Awareness
- x Taste of Yuba Sutter
- x Pink October Golf Tournament - Scramble for a Cure
- x Pink October Event at Hard Rock Casino & Hotel
- x City of Yuba City Senior Resource Fair
- x Salvation Army Red Kettle Kick-Off
- x Annual Sikh Parade & Festival
- x Marysville Christmas Tree Lighting & Parade

Community Members Served: Over 13,000

Inspire Hope Project is a community-based initiative designed to assist our nonprofit partners and faith communities with various household items aimed at improving the quality of life serving families in need. This service is possible due to our partnership with World Vision, an international faith-based nonprofit that connects businesses who have goods with charities that need them. Through our Inspire Hope Project we work to build relationships with other nonprofit

organizations, who can ensure goods are directly given to families and individuals with the greatest need. In 2022, a minimum of 43 partners worked collectively to get resources to 150 members of our community. Resources include items such as living room furniture, bedroom furniture, kitchen supplies including dining room sets, small and necessary home goods items, as well as tents, sleeping bags, non-perishable food, and more. This partnership has supported Adventist Health's mission of inspiring health, wholeness, and hope.