

The following Implementation Strategy serves as the 2020 – 2022 Community Health Plan for Adventist Health Tillamook and is respectfully submitted to the Office of Statewide Health Planning and Development on May 19th, 2023 reporting on 2022 results.

- A workforce of 37,000 including medical staff physicians, allied health professionals and support services

We owe much of our heritage and organizational success to the Seventh-day Adventist Church, which has long been a promoter of prevention and whole person care. Inspired by our belief in the loving and healing power of Jesus Christ, we aim to bring physical, mental and spiritual health and healing to our neighbors of all faiths. Every individual, regardless of his/her personal beliefs, is welcome in our facilities. We are also eager to partner with members of all faiths to enhance the health of the communities we serve.

Our commitment to quality health care stems from our heritage, which dates to 1866 when the first Seventh-day Adventist healthcare facility opened in Battle Creek, Michigan. There, dedicated pioneers promoted the “radical” concepts of proper nutrition, exercise and sanitation. Early on, the facility was devoted to prevention as well as healing. They called it a sanitarium, a place where patients—and their families—could learn to be well.

More than a century later, the health care system sponsored by the Seventh-day Adventist Church circles the globe with more than 170 hospitals and more than 500 clinics, nursing homes and dispensaries worldwide. And the same vision to treat the whole person—mind, body and spirit—continues to provide the foundation for our progressive approach to health care.

Stakeholders from the 19 hospital facilities in the Adventist Health System were invited to participate in a Mission Integration Summit on September 26 and 27, 2019. During these two day-long events, participants were introduced to the 2019 Adventist Health Implementation Strategy Template. After the summit, each hospital was invited to participate in a series of technical assistance calls and consultation sessions with representatives from Adventist Health Community Integration and Conduent Health Communities Institute to further develop and refine their implementation strategy.

The implementation strategy outlined below summarizes the strategies and activities by Adventist Health Tillamook to directly address the prioritized health needs. They include:

The Action Plan presented below outlines in detail the individual strategies and activities Adventist Health Tillamook will implement to address the health needs identified through the CHNA process. The following components are outlined in detail in the tables below: 1) actions the hospital intends to take to address the health needs identified in the CHNA, 2) the anticipated impact of these actions as reflected in

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The COVID-19 global pandemic caused extraordinary challenges for Adventist Health hospitals and health care systems across the world. Diversion of resources, workforce shortages, burnout and other mental health concerns have taken a toll. Providing care in rural communities is a challenge under typical circumstances. The recent pandemic exacerbated those challenges and has affected our ability to meaningfully support community health and well-being in the ways we planned.

Adventist Health, like other health care systems, had to pivot its focus to meet the most urgent healthcare needs of its community during the pandemic, as well as reassess the ability to continue with some community health strategies due to public health guidelines for social distancing. Adjustments have been made to continue community health improvement efforts as possible, while ensuring the health and safety of those participating. The Strategy Action Plan Grids on the following pages reflect updated activities for each strategy.

In 2021, Adventist Health as a system took the following actions in response to the needs created or exacerbated by COVID-19. The following tables reflect updated activities for each strategy.

Adventist Health Tillamook

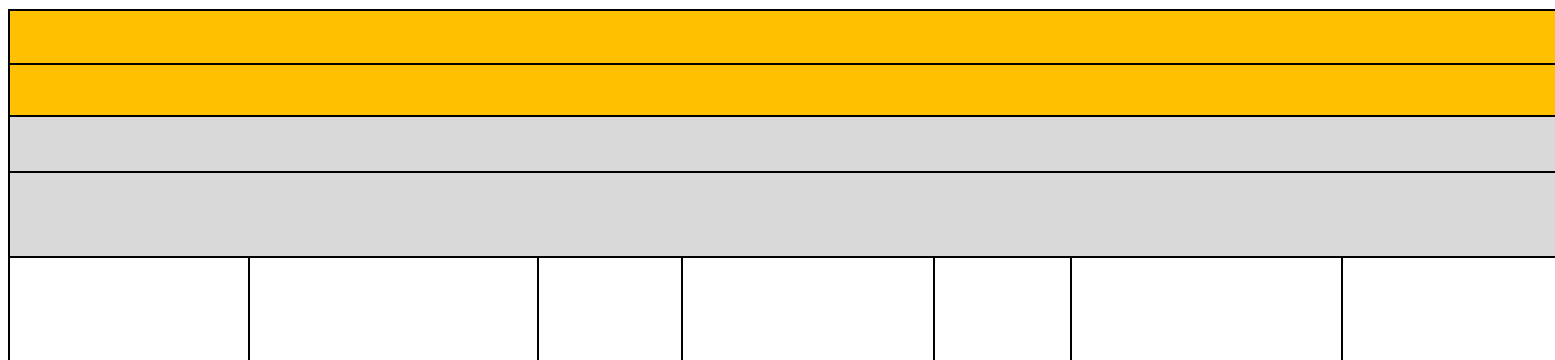
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(Community Health Improvement; - Cash and In-Kind; Community Building; Community Benefit Operations)

All 2021 activities have continued or have been expanded.

In 2022, the Housing Commission established and began distributing funds from Short Term Rental Operator fees, to help offset costs for workforce housing development. Funds were distributed to six developers to further development of a total of 87 new housing units. In addition, members of the Housing Commission presented public testimony in favor of a multi-family housing development that came under public appeal. After testimony from members of the Housing Commission, including the large employer representative from AHTM, the City Council voted in favor of the development, bringing 46 new affordable apartments to the city proper. Work continues on creating a developable lands inventory. Additionally, Brownfields grant funding was awarded in 2022, with up to 6 assessment sites, targeting housing development. Finally, the Housing Commission was instrumental in getting an ordinance passed to permit Accessory Dwelling Units (ADUs) in incorporated communities of Tillamook County. Through the Housing Commission's public outreach committee's efforts, these measures are helping expand housing stock as well as generating a sense of hope and optimism among residents, employers and policy makers regarding our housing crisis. The AHTM Well-Being Director continues to serve as an active member of the Housing Commission.

In partnership with CARE, Inc., during 2022, 16 households were provided transitional housing assistance, affecting a total of 21 individuals. Through state funded rental assistance programs 33 households were served, totaling 88 people.



Create messaging
campaign,
informational
website

The O.U.R. Tillamook consortium, funded by the aforementioned RCORP-I grant, continued and expanded the work from previous years and received newly available funding from Oregon's Measure 110.

OUR Tillamook accomplishments include:

- Five O.U.R. Tillamook partners received \$2.2 Million from Measure 110 to create a Behavioral Health Resource Network (BHRN) for Tillamook County
- Distributed 16 additional naloxones to local businesses and organizations.
- Distributed free naloxone at the Tillamook County Fair adding 200 more kits out in the community.
- Hosted Hazelden Betty Ford Foundation to provide five SUD/ODU training events. Almost 100



- In-kind donations

(place a "*" by the lead organization if other than Adventist Health)

- AH Tillamook
- Tillamook County Wellness
- UniteUs (funding through Columbia Pacific CCO)
- Tillamook School District 9
- Approx. 30 Community-Based Organizations (CBOs)

(Community Health Improvement; - Cash and In-Kind; Community Building; Community Benefit Operations)
 - Community Health Improvement

Documented 977 mobile/community-based care visits in 2022 in Vernonia, Oregon clinic. Significantly more visits occurred in Tillamook Plaza clinic; however, due to staff capacity constraints these have not been documented. Mobile visits include pharmacy deliveries, home and street well-checks, senior center visits, community outreach events (e.g. Homeless Connect), adolescent sports physicals, and flu/vaccine clinics.

In early 2022, we conducted 3 successful closed-loop referrals. It was determined that making closed-loop referrals for health-related social needs would be more achievable if the Unite Us platform was integrated into our Cerner Electronic Medical Records system. Rather than moving forward with the planned implementation of Unite Us, we pivoted to working with the Adventist Health system IT division and Unite Us to integrate the platforms. This took almost one year to complete and went live in January 2023. The net effect of this work during 2022, is that care

	# of patients recently discharged or at high risk receiving visits from mobile integrated healthcare team.	See narrative regarding community based care	Decrease in: emergency room visits, urgent care visits, and readmissions	68 Readmissions (66 in 2020)	Decrease in: emergency room visits, urgent care visits, and readmissions, specifically level 4 and 5	56 emergency room visits in 2022 (17.6% reduction over prior year)
	Internally operationalize pre-diabetes screening: <ul style="list-style-type: none"> - Communication - Clinician buy-in 	2 providers participating	Increased # of at-risk patients screened for prediabetes	3 referrals not operationalized	# of closed loop referrals to NDPP (National Diabetes Prevention Program)	4 closed loop referrals(see narrative)
	Number of patients enrolled in Lifestyle Medicine program	N/A	# of participants who are diagnosed with: <ul style="list-style-type: none"> - Diabetes - Hypertension - Obesity - Cholesterol 	N/A	# of participants referred to community lifestyle programs # of continuing participants with: <ul style="list-style-type: none"> - Diabetes - 	

The on-going covid-19 pandemic led to delays in restarting in-person Lifestyle Medicine classes. They are planned to resume in 2023.

Medication for Addiction Treatment (MAT) delivery continues at AHTM. We also facilitated and hosted Grand Rounds with over 100 providers in attendance over a 3-day period.

Our desire to improve community well-being grew out of not only our mission at Adventist Health to live God's love by inspiring health, wholeness and hope but also by the need seen across our system of 23 hospitals. Overwhelmingly, we see issues related to health risk behaviors, mental health, and chronic illnesses throughout the communities we serve. That is why we have focused our work around addressing behavior and the systems preventing our communities from achieving optimal health.

In an effort to meet these needs, our solution is to create a sustainable model of well-being that measurably impacts the well-being of people, well-being of places and equity.

In 2020, Adventist Health acquired Blue Zones as the first step toward reaching our solution. By partnering with Blue Zones, we will be able to gain ground in shifting the balance from healthcare – treating people once they are ill – to transformative well-being – changing the way communities live, work and play. In 2021, Adventist Health committed to launching six Blue Zone Projects within our community footprint, and as we enter 2022 these projects are active. Blue Zone Projects are bringing together local stakeholders and international well-being experts to introduce evidence-based programs and changes to environment, policy and social networks. Together, they measurably improve well-being in the communities we serve.