

**Adventist Health St. Helena & Adventist Health Vallejo
2020 Community Health Implementation Strategy**

Executive Summary

The purpose of the CHNA was to offer a comprehensive understanding of the health needs in Adventist Health St. Helena and Adventist Health Vallejo service area and guide the hospital's planning efforts to address those needs.

The significant health needs were identified through an analysis of secondary data and community input. These health needs were prioritized according to a set of criteria that included:

- Addresses disparities of subgroups
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technical assistance calls and consultation sessions with representatives from Adventist Health Community Integration and Conduent Health Communities Institute to further develop and refine their implementation strategy.

Adventist Health St. Helena & Adventist Health Vallejo Implementation Strategy

The implementation strategy outlined below summarizes the strategies and activities by Adventist Health St. Helena & Vallejo to directly address the prioritized health needs. They include:

- **Health Need 1: Mental and Behavioral Health**
 - Mentis
 - Healthy Minds Healthy Aging
 - Teens Connect
 - Youth Mental Health First-aid Training
 - This is My Brave
 - Aldea Children & Family Services
- **Health Need 2: Access to Healthcare**
 - Mobile Health Program
 - Operation Access
 - Stop Falls - ?
 - Collabria Care – Honoring Choices and Palliative Care
- **Health Need 3: Chronic Diseases**
 - AHEAD Genetic Cancer
 - Awaken Education and Support Program for Cancer
 - Diabetes Education and Management Program
 - Dare to C.A.R.E Venous Disease Screening
 - Calistoga Senior Lunch & Learn
 - Turkey Trot
 - ZERO Prostate Cancer
 - Leukemia and Lymphoma Walk
 - Park Rx
 - Spring Health Challenge for RLS Middle School
 - Nuestra Salud – Spanish Zumba Classes
 - Walk & Roll to School
- **Health Need 4: Housing and Homelessness**
 - Catholic Charities Nightingale House

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Adventist Health St. Helena Implementation Strategy Plan

PRIORITY HEALTH NEED: MENTAL AND BEHAVIORAL HEALTH

GOAL STATEMENT: REDUCE STIGMA OF MENTAL HEALTH FOR YOUTH AND SENIORS THROUGH EDUCATION AND ENGAGEMENT IN THE COMMUNITIES SERVED BY AH ST. HELENA & VALLEJO

Mission Alignment: Well-being of People

Strategy 1: Stigma reduction through increased education and awareness.

Strategy 1.2: Advance existing peer and professional counseling to struggling youth focused on (are they focused on something in particular?)

Strategy 1.3: Increase awareness and resources for seniors to live safely in home.

Programs/ Activities	Process Measures	Results: Year 1	Short Term Outcomes	Results: Year 2	Medium Term Outcomes	Results: Year 3
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Teens Connect

PRIORITY HEALTH NEED: ACCESS TO HEALTHCARE

GOAL STATEMENT: INCREASE ACCESS TO QUALITY, CULTURALLY COMPETENT HEALTHCARE TO UNDERINSURED, UNINSURED AND VULNERABLE IN THE COMMUNITY SERVED BY AH ST. HELENA & VALLEJO

Mission Alignment: (Well-being of People; Well-being of Places; Equity) Well-being of people

Strategy 1: Identify and screen vulnerable community members providing education and resources for referrals to ongoing health management.

Strategy 1.2: Maintain and/or increase referrals for necessary diagnostic and surgical procedures for under or uninsured population

Strategy 1.3: Determine feasibility and strategy for community collaborative addressing Stop Falls to provide in-home

PRIORITY HEALTH NEED: ACCESS TO HEALTHCARE

			robust and sustainable program		reduce falls and readmission to ED	
Source of Data: <ul style="list-style-type: none"> Adventist Health St. Helena, Operation Access, Area on Aging Agency 						
Target Population(s): <ul style="list-style-type: none"> Vulnerable community members – seniors, low-income and farmworker population 						
Adventist Health Resources: (financial, staff, supplies, in-kind etc.) <ul style="list-style-type: none"> Financial, staff, supplies, in-kind 						
Collaboration Partners: (place a "*" by the lead organization if other than Adventist Health) <ul style="list-style-type: none"> Adventist Health St. Helena, St. Helena Hospital Foundation, Operati.2 (a)2.7 (ti)2ETQq1904 (n P3 4 -0 0 13R)5.3 (i)5.3 (i 						

PRIORITY HEALTH NEED: CHRONIC DISEASES – HEART DISEASE, OBESITY/DIABETES, CANCER

GOAL STATEMENT: INCREASE COMMUNITY’S KNOWLEDGE AND ABILITY TO SELF-MANAGE THEIR DISEASE.

Mission Alignment: Well-being of People

Strategy 1: Local education and screening capacity addressing heart disease, obesity/diabetes and cancer through mobile screening program, local events and disease specific screening opportunities.

Strategy 1.2: Educate community on prevention of chronic diseases.

Programs/ Activities	Process Measures	Results: Year 1	Short Term Outcomes	Results: Year 2	Medium Term Outcomes	Results: Year 3
Dare to C.A.R.E	# of participants screened		Increase capacity of screening through clinics and mobile unit Increase by 10% number of participants screened		% decrease in hospital admissions	

PRIORITY HEALTH NEED: CHRONIC DISEASES – HEART DISEASE, OBESITY/DIABETES, CANCER

Target Population(s):

- **Broader community – Seniors and at-risk individuals**

Adventist Health Resources: (financial, sthch 589.08 5.-1.4 3 (an)2.3 (c)-2 (ial,)Oli-0.6)-7.7 (g(nBT11.02.68 710.64 198.72 17.16

13. **Preschool for All** – in kind donation support to provide scholarships to extremely low-income families in need of preschool.
14. **Collabria Care** – Honoring Choices, an initiative to provide assistance to adults 18+ to have an advanced directive. Palliative Care Conference for medical providers.

Connecting Strategy and Community Health

Community health interventions are a key element in achieving the overall goals of reducing

Adventist Health is on a bold journey to establish sustainable significance with a vibrant mission of living God's love by inspiring health, wholeness and hope. We will advocate for and lead change in healthcare and social policy to benefit the under privileged and the disenfranchised in the diverse communities to which we have been called.

Together we will create lasting impact in people's whole lives and affect profound improvement in the well-being of the entire community.



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